

High Tunstall College of Science Curriculum Intent
Subject: Physical Education Year: 10 Half term: 1



Topic: The Skeleton

	Physical education	Progress		
Topic	Key ideas	R	A	G
The skeleton	I can understand the structure and functions of the skeleton			
	I can understand the structure and functions of synovial joints			
	I can describe the movements involved at different joint			

Lesson	Learning Focus	Assessment	Key Words
1	Labelling the skeleton/Functions of the skeleton	Topic Test	Support, protection, movement, structure, mineral storage, blood cell production
2	Identify the different types of joints/ label a joint	Topic Test	Synovial, ball and socket, hinge
3	Movements occurring at different joints	Topic Test	Flexion, extension, adduction, abduction, rotation
4	Exam practice/ long answer technique	Peer and Teacher, Formative During lesson using model answers/KAI Scaffolding	Knowledge, Apply Impact
5	Topic test	Summative	KAI