

High Tunstall College of Science Curriculum Intent

Subject: Sports Culture Year: 7 Half term: 1



Topic: Sports Culture

	Sports Culture	Progress		
Topic	Key ideas	R	A	G
Sports Culture	Passing technique and receiving ball on the move			
	Blocking, concept of working as a team to create progress.			
	Strategising effective ways to outwit opponents,			
	Effective methods of entering contact situations.			
	Tactics and formations when in game context			

Lesson	Learning Focus	Assessment	Key Words
1	Lesson 1.American Football Passing, receiving on the move, implementation into small sided games.	Formatively during gameplay and in isolated drill	Quarterback, Wide Receiver, Running back
2	Lesson 2, Blocking/Tackling, introduction to defensive shape, 4 downs, running plays and throwing plays	Formatively during gameplay and in isolated drills.	Defensive lineman, strong body shape, Endomorph
3	Lesson 3. Formations and Game play	Formatively during gameplay and in isolated drills.	Shotgun, passing plays, running plays.
4	Lesson 4 – Kabaddi – rules, tactics, safe contact	Formatively during gameplay and in isolated drills.	Retreat, strategy, contact, sweep.
5	Lesson 5 - Gaelic Football – Gameplay, rules.	Formatively during gameplay and in isolated drills.	Pressure, game play.