

High Tunstall College of Science Curriculum Intent

Subject: Volleyball Year: 7 Half term: 5



Topic: Volleyball

	Technique	Progress		
Topic	Key ideas	R	A	G
Volley Ball	Ready position , the flexed yet comfortable, body position a player assumes before making contact with the ball.			
	Volley , ready position under the ball and hands in a diamond shape 6inches above the head.			
	Dig , a defensive shot to counter an attacking shot			
	A serve where the ball is hit with a closed fist from hip height over the			
	Gameplay, tactics , strategies .			

Lesson	Learning Focus	Assessment	Key Words
1	Ball Familiarisation	Formatively during gameplay and in isolated drills.	Pass, Ready Position, Volley, Dig
2	Basic Volley/Set Shot	Formatively during gameplay and in isolated drills.	Pass, Setter, Volley
3	Basic dig	Formatively during gameplay and in isolated drills.	Pass, Defensive Play, Dig
4	Underarm Serve	Formatively during gameplay and in isolated drills.	Ace , Floater
5	Games / Rallies	Formatively during gameplay and in isolated drills.	Assist, Attack,