

High Tunstall College of Science Curriculum Intent

Subject: Food & Nutrition Year: 8 Summer (COVID)



Topic: Food & Nutrition. Homemade meals

	Food and Nutrition	Progress		
Topic	Key ideas	R	A	G
Food commodities	I can demonstrate how to achieve food safety and hygiene in the food kitchen and why routines are in place			
	I can demonstrate confidently a range of practical skills i.e. use of the hob, boiling, sauce making, browning, oven baking, all in one, whisking, coating, safe handling of meat, crushing and presentation			
	I can identify and discuss a range of social, moral, cultural and environmental issues that are linked within the food industry			
	I can describe and explain functions of ingredients used in a product (why they are used and what they do).			
	I can explain what coagulation, aeration and dextrinisation mean			

Lesson	Learning Focus	Assessment	Key Words
1	Can you explain how to make a potato topped pie? Can you brown raw mince on the hob and explain how to handle raw meat safely?	Practical product, photographs, Q&A, assessment	Cottage pie, hassle back potatoes, carbohydrate, protein, origin, oven bake
2&3	Can you identify and discuss social, moral and ethical issues linked to meat production? Can you suggest alternative ingredients to meet social, moral or ethical beliefs and justify your decisions.	Formative questioning	Social, Moral, Ethical, Vegetarian, Vegan, Religion, Dietary needs, Belief, Alternative.
4&5	Can you make a Victoria sponge cake and explain the origin of this cake? Can you explain the words coagulation, aeration and dextrinisation?	Practical product, photographs, Q&A, frayers model	Sponge, coagulation, aeration, dextrinisation,
6	Can you make a scotch egg and explain why you coat the meat in the flour, egg, breadcrumb way?	Practical product, photographs, Q&A	Handling raw meat, coating, oven baking
7	Can you reflect and review your progress in Food and Nutrition? Can you identify areas of strength and areas of development?	Assessment questions and feedback—functions of ingredients and key terms	