Subject: Physical Education Year: 8



Half

Topic: Football

	Football		Progress		
Торіс	Key ideas	R	Α	G	
Football	Passing technique over varied distances both short and driven; receiving on the move.				
	Dribbling the ball under close control and under pressure. Use of different turns against opposition.				
	Shooting technique from varied angles and distances. Striking off a				
	Tackling and defending strategies as an individual and a team.				
	Formations and Game play, investigation of various positions within a set formation for a game of football.				

Lesson	Learning Focus	Assessment	Key Words
1	Passing technique over varied distanc- es both short and driven, receiving on the move and implementation into small sided games.	Formative assessment through questioning and observation in gameplay and isolated drills.	Part of foot used de- pending on distance; angle; power; follow- through.
2	Recap of dribbling technique. Moving with the ball under close control un- der pressure. Use of turns and imple- mentation into game play.	Formative assessment through questioning and observation in gameplay and isolated drills.	Possession; control; inside/outside hook; Cruyff; drag back.
3	Shooting, changing angle of the shot, introduction to volleys and attacking headers; revisit game play.	Formative assessment through questioning and observation in gameplay and isolated drills.	Accuracy; aim; target; angle of shot; volley; power; header.
4	Defending/Tackling, introduction to defensive shape, defending as a team, how and when to press within a game based situation.	Formative assessment through questioning and observation in gameplay and isolated drills.	Tackling; jockeying; press; defensive shape; balance.
5	Formations and Game play, investiga- tion of various positions within a set formation for a game of football.	Summative assess- ment during game- play.	Formation; Shape; Attack; Defense; Posi- tions