

High Tunstall College of Science Curriculum Intent

Subject: Volleyball Year: 8 Half term: 5



Topic: Volleyball

	Technique	Progress		
Topic	Key ideas	R	A	G
Volley Ball	Volley, ready position under the ball and hands in a diamond shape 6inches above the head.			
	Dig, a defensive shot to counter an attacking shot			
	Overarm Serve, serving the ball and striking it with the hand above the shoulder.			
	Spike, an attacking shot that is hit down towards the floor away from			
	Defensive play where one or more players deflected a spiked ball and hit back into the opponents court.			

Lesson	Learning Focus	Assessment	Key Words
1	Volley	Formatively during gameplay and in isolated drills.	Pass,
2	Dig	Formatively during gameplay and in isolated drills.	Dig, Pass,
3	Overarm Serve	Formatively during gameplay and in isolated drills.	Ace, Floater, Service
4	Spike	Formatively during gameplay and in isolated drills.	Approach, Attack, Decoy
5	Single Block	Formatively during gameplay and in isolated drills.	Block, Defensive