

# High Tunstall College of Science Curriculum Intent

Subject: BTEC TECH AWARD HEALTH AND SOCIAL

CARE Year: 11

## Thread— Component 3A Part 1



	Health and Social care Component 3A	Progress		
Topic	Key ideas	R	A	G
	I can give a definition of health and wellbeing			
	I can describe the factors that affect health and wellbeing			
	I can explain how genetic inheritance affects health			
	I can summarise what a balanced diet is			
	I can describe the benefits of taking exercise and the consequences of not			
	I can describe the hazards of substances misuse			
	I can discuss the importance of personal hygiene			

Lesson	Learning Focus	Assessment	Key Words
1	Defining health and Wellbeing	This will lead to external component exam in Febuary	Health Wellbeing
2	Genetic inheritance	In class summative assessment, including starter and plenary activities, practice exam questions, retrieval tasks	
3	Ill Health		Acute, Chronic, Short term, Long term
4	Diet		
5	Exercise		Monitor
6	Substance Use		Addiction
7	Personal Hygiene		Bacteria