

ADHD

Hyperactivity

needs to climb and run

even when inappropriate

seems to be constantly restless

gets out of chair

walks around the classroom

fidgets on the carpet

Attention

can't complete tasks, even when motivated

needs short/achievable tasks

makes simple mistakes

doesn't pay attention to school work

understands the task unable to complete it

doesn't appear to be listening when spoken to

sensitive to noise and change

easily distracted

even in play situations

Concentration

find sustained concentration difficult

actively avoids tasks that require focus

Organisation

easily lose things

visual timetable

forget routine tasks

struggle to organise their thoughts prior to a task

checklists