

# Should my child go to College?

## Headache, Earache and Stomach Ache

Children with headaches, earache or stomach ache can attend College - just let us know when they feel unwell.

Give paracetamol and plenty of fluids to drink. If it persists, seek medical advice.

## Coughs & Colds

Children should be given paracetamol, plenty of fluids to drink and can be sent to College.

If your child is asthmatic, remember they may need their **blue inhaler** more often. They should bring it with them to College every day.

## Flu and Swine Flu

Children should return to College when recovered - this is usually about five days.

## Diarrhoea and Vomiting

Children can return to College 48 hours after the last episode of diarrhoea and vomiting.

## Head Lice

Children can often attend College with head lice but they **must** be treated for the condition to prevent spreading. Parents/Carers must treat their children and family members by wet combing their hair with a nit comb and conditioner.



## Sore Throat, Tonsillitis and Glandular Fever

Children should be given paracetamol, plenty of fluids to drink and can be sent to College.

## High Temperature

Give paracetamol and plenty to drink. After paracetamol, if your child feels better, bring them into College. If your child's temperature continues for three or more days, you should seek medical advice.



## School Nurse Drop In

Your school nurse is available to meet with in school. Please ask Reception for further information.

## Further Information

You can also contact the NHS on 111 or go to [www.nhs.uk](http://www.nhs.uk). **Local pharmacy** - see your local pharmacist for advice.

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## Scabies

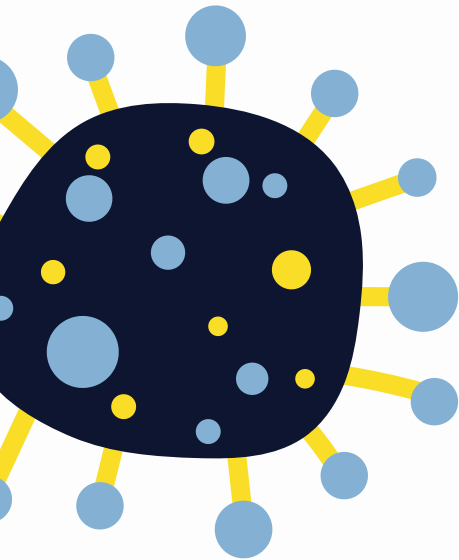
Children can return to College after their first treatment. Others at home should also be treated.

## Threadworm

Children can attend when they have started treatment. Everyone at home should be treated.

## Hand, Foot and Mouth

Your child should not attend College until they are feeling better. There's usually no need to wait until the blister has healed.



## Warts, Verrucae, Athletes Foot and Molluscum Contagiosum

Children can attend College. Verrucae should be covered in swimming pools and changing rooms.

## Conjunctivitis

Children can attend College. They should be encouraged to wash their hands to prevent further spread of infection.

## Measles, Chicken Pox, and German Measles

Please let the College know as anyone who is pregnant at the College may be affected:

**Measles** - Children can return to College four days after the rash first appeared.

**Chicken Pox** - Children can return to College when all of their spots have crusted over.

**German Measles** - Children can return to College four days after the rash started.

## Whooping Cough

Children should not attend College until either:

- Five days from the time they start taking antibiotics.
- They have had three weeks of intense coughing.

## Impetigo

Children can attend College when their lesions have crusted or healed, or 48 hours after starting a course of antibiotics.

## Mumps

Children can return to College five days after their symptoms first develop.

## What else I need to know - Medication in College

Students can still come into College even if they are taking medicines. Staff are able to give prescribed medications to students once they are signed in at Reception. Prescribed medication must be in the original box/bottle with the child's name clearly labelled. Over the counter medications can be signed in too - it must be a full, unopened box with your child's name clearly labelled